

Tanzanian Cardiac Hospital Foundation, Inc. 3366 SE East Snow Road Port St. Lucie, FL 34984 Phone: (772) 359-9085

E-Mail: tancarhp@bellsouth.net Web site: www.tanzaniancardiachospital.org Volume 3
Issue 2
FALL
2010

"And raising his eyes toward his disciples he said: 'Blessed are you who are poor, for the kingdom of God is yours'."

Luke 6:20

"WE ARE HAVING A POSITIVE IMPACT ON HEALTH CARE TODAY—RIGHT NOW!!!" Carol D'Angelo, TCHF Board of Directors



The day of our departure for Tanzania had finally arrived—June 7th. Over 200 pounds of medical supplies and equipment had been packed for Ngarenairobi Health Center. We included many of the items Sister Ernesta, COLU (Convent of Our Lady of Usambara), the doctor at the clinic, had requested. Upon our arrival at the clinic we were warmly welcomed by the Sisters who work as nurses and caregivers for the patients. The convent and the clinic both have limited electricity and running water because of 8 solar panels which provide the only power.



A very special thank you goes to Olympus Scientific Equipment Group and Tom Moyer, their area sales representative, for donating a brand new binocular Olympus microscope. Sister Concillia (COLU), who is responsible for the laboratory, literally wept when she saw the microscope. The one she had been using only worked half the time and the replacement bulb (not the correct bulb incidentally) burned her eyes when she used it. Sister Ernesta told me there were no words to express the depth of their gratitude for the equipment and supplies. She said the Sisters will remember everyone who made these donations possible in their daily prayers. The folding stretcher, the digital baby scale, and hemoglobin monitor which we provided to them were all put to immediate use. Sister Ernesta used the first umbilical clamp (we took 300) within 24 hours as I assisted in delivering a healthy baby boy (please note that I am a registered nurse). The following photo shows that first baby on the new digital scale we provided.



Prior to receving the umbilical clamps, Sister had been using umbilical tape which sometimes resulted in bleeding about 20 minutes after the application. Injuries and accidents are very common in this area. Sister's supply of sutures was almost exhausted until our arrival, and she (continued on page 2)

Fall 2010...page 2

"WE ARE HAVING A POSITIVE IMPACT ON HEALTH CARE TODAY—RIGHT NOW!!!"

(continued from page 1)

stated they are hard to obtain in Tanzania even if the funds are available. We are grateful to the recovery room nurses at Port St. Lucie Medical Center who donated over 30 boxes of sutures. Patients are admitted daily with malaria; this disease seems to be especially hard on the young and the elderly. The I.V. starter kits and catheters we provided are needed to hydrate the patients and give them antibiotics.



A big thanks goes as well to Mediwish International who donated 4 boxes of medical supplies. After the supplies were unpacked, Sister Daria (COLU) asked if they could keep the boxes. She explained they cut them up and use them for splints. Anyone with a suspected fracture must be taken to a nearby town for x-rays. Nothing is wasted; materially the clinic and the surrounding village have very little. They use their resources wisely. In the twelve days I spent in Ngarenairobi, my life was changed forever and for the better. I have come to appreciate the bounty we have been given in this country, and I was able to experience the sharing of God's blessings with other people.



THE BOYS OF THE VILLAGE TAUGHT ME THE TRUE MEANING OF STEWARDSHIP AND GENEROSITY. Carol D'Angelo

The children of Ngarenairobi Village gathered around not wanting to miss their 1st chance to see a "mzungu" (white woman) up close. (see photo at bottom of left column) As I smiled and called out "Jambo" (hello), they gathered closer to rub my arm and hand. Sister Daria explained the children had been given the task of bringing children under five to the clinic for a bi-annual vitamin A supplement and a worm pill.



I handed a 10 year old boy a piece of hard candy. "Asante" (thank-you), he said and proceeded to break the candy into smaller pieces with his teeth. Turning, he bent down and handed the smaller pieces of candy to the younger children. When would he get another piece of candy? It might be a year or longer, but he did not hesitate to share. I wonder if I would have been so generous.

Throughout the day another boy, maybe 7 or 8 years of age, would show up every hour or so with a toddler on his back. Once we had given the little one the supplements, he would carry the child back to the village only to return awhile later with another child. He continued all day long, just happy to be helping the Sisters at the clinic.



It was in a remote village in Tanzania that God had two small boys show me what it means to give not from your abundance, but to give all you have to offer with joy in your heart.

Tanzanian Cardiac Hospital Foundation, Inc.

IN TANZANIA THE NEED IS NOW!

Ed Laughlin, President TCHF Board of Directors

As Father Mark Mlay indicates in his message on page four, things in Tanzania, East Africa move more slowly



than they do in the developed world like the U. S.

Our goal and purpose to build a hospital h

Our goal and purpose to build a hospital has not moved as quickly as we might like. However, as we have reported elsewhere in this newsletter, we are working with the health clinic located near where the hospital will be built, and have already been able to provide through that clinic much needed health assistance for many who have had literally no healthcare previously. Of course, what can expedite the process is any gift you might be able to provide to assist our Foundation. There are many ways to give. Please contact us if you wish to discuss or receive more information about ways to give.



Previously we have reported on the abject poverty in Tanzania, as well as many other aspects of life there. Following is a list of facts which demonstrate this poverty more vividly:

- Per capita income in the United States (the annual gross national product divided by the population) is almost \$40,000 per person per year. In Tanzania it is under \$400 per person.
- Life expectancy in the United States is 77.9 years on average. In Tanzania it is 52.5 years.
- In the U.S. 7 children in 1,000 die before age 5. In Tanzania 170 children per 1,000 die before age 5.

Fall 2010...page 3



- 12.5% of the population of the U.S. is over age 65. In Tanzania 2.9% of the population is over 65.
- Tanzania has one of the highest maternity mortality rates in the world. In the U.S. that rate is 11 per 100,000. In Tanzania it is 600 per 100,000.



• 1.3% of children in the U.S. live in what is termed as "absolute poverty." In Tanzania 70.8% of the children live in absolute poverty.

Those of us who are blessed to live in western developed society must recognize the need to address the many issues of world poverty. Of course, none of us alone can change this situation, but together we can accomplish incredible things. The Lord reminded us, "For human beings this is impossible, but for God all things are possible." (Matthew 19:26) With God's help we will

prevail.



Tanzanian Cardiac Hospital Foundation, Inc.

FATHER MARK MLAY, SPIRITUAL

DIRECTOR, REVIEWS HIS RECENT TRIP TO TANZANIA...

This past summer I had the opportunity to travel to my home country with others from the United States—including Carol D'Angelo, the Secretary of our Board of Directors, and Sandi & John Goodness,



long time supporters of not only our cause but also my effort to build a new church near my home village. They were able to witness the dedication of that church. In the photo below the people show their gratitude by making a gift of a goat to them. Transporting the goat home was going to be a bit challenging, so the Goodnesses in turn presented it to the parish pastor.



After the dedication of the Church, we traveled to the Serengeti area north of us to view the incredible wildlife which lives there. However, we suffered a flat tire, and because we only had one spare (one must always travel with two spare tires in this remote area), we attempted to purchase another tire, only to find there was not one available locally. In fact we waited more than a day until the new tire could be delivered. We were not in danger, but this points out how different life is in developing countries like Tanzania.

Fall 2010 ... page 4

Almost everything there is consuming, even small things that would not be a problem here in America or in the Western world. You have a problem in your car and you have several options to get help. While getting water to drink or for cooking is not an issue here in America, there it can take hours or the whole day to get it. You get sick here in America, even when you have your own car, you dial 911 you have a police car and an ambulance. In Tanzania if one falls sick, especially at night, one has to wait until the following day, then walk to the bus station or to the closest medical facility.



I want you to be aware and to appreciate the great opportunities we have here in America. I am appealing to the American community to be willing to make a difference in the life of the poor in Tanzania in making their life easier — to perhaps shorten the distance people have to walk to the hospital and to provide a cardiac hospital which is still a dream to them. May God in abundance bless all those who have shown the generosity of supporting this cause of having a general and cardiac hospital in Tanzania!



Our organization is committed to building a hospital specializing in heart disease as well as the treatment of other chronic diseases. Our goal is to raise money to build a Catholic cardiac and general hospital to allow our human family in Tanzania to raise their children without fear of death.