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*"For I was ill, and you cared for me..." Matthew 25:36*

### **A LETTER FROM OUR SPIRITUAL ADVISOR**

My Dear Friends  
and Supporters:



I am privileged  
in many ways—to be a  
priest, especially in this  
Year of the Priest; to be  
ministering in the

United States; and to have Tanzania as my  
birthplace and home.

However, there are times when I feel  
guilt about living in the comfort of the United  
States while my family and fellow citizens in  
Tanzania live in such a different way. It was  
while sharing some of these feelings and some  
of the realities of life in east Africa that this  
organization was born.

There are so many needs in so many  
places in this world, but my dream is to address  
just one of those challenges by developing and  
building a hospital in my home country—a  
hospital which will provide another health option  
for people who have few or none, and especially  
a hospital which can offer special cardiac care  
which is virtually unavailable throughout not just  
Tanzania, but all of east Africa.

This wonderful foundation is a beginning,  
and already we are having an impact as is  
reflected throughout this newsletter. But we  
need good people like you to continue to support  
us as generously as possible. I thank you for  
your financial support, and I thank you  
particularly for your continued prayers. I love you  
always.

**In the Love of Christ,      Father Mark Mlay  
Apostolic Life Community of Priests**

Visit our web site at:  
[www.tanzaniancardiachospital.org](http://www.tanzaniancardiachospital.org)

**Our organization is committed to building  
a hospital specializing in heart disease as  
well as the treatment of other chronic  
diseases.**

**Our goal is to raise money to build a  
Catholic cardiac and general hospital to  
allow our human family in Tanzania to  
raise their children without fear of death.**

### **TLCP PROVIDES ALMOST \$50,000 OF MEDICINES TO TANZANIAN CLINIC**

Although the goal of the Tanzanian  
Cardiac Hospital Foundation is to develop and  
build a hospital, the reality is that the people are  
in immediate need of assistance throughout the  
healthcare area.

Therefore, while we continue to raise the  
funds for the hospital, we are able in the  
meantime to provide medicines which are able  
to help a vast number of people right now.

We have recently shipped more than  
\$48,000 of medicines to a clinic near Moshi,  
Tanzania operated by the ALCP priests and the  
Sisters of Our Lady of Usambara (COLU).  
These medicines, though basic to those of us  
who live in the United States, have a great  
impact in Third World countries like Tanzania.



**A Sister Nurse Provides Medicine  
(See page 4 for more photos)**

*Tanzanian Cardiac Hospital Foundation, Inc.*  
**CATHOLIC PARISHES CONTINUE TO SUPPORT  
OUR PROJECT...**

Father Joseph Israel, the Superior General of the ALCP priests of Moshi, Tanzania recently conducted parish mission appeals in behalf of The Tanzanian Cardiac Hospital Foundation, Inc. at Sebastian St. Sebastian and Jensen Beach St. Martin de Porres Churches.

We thank Fathers John Morrissey of St. Sebastian and James Molgano of St. Martin de Porres for their support and for affording us these opportunities.

Appeals made directly at parishes are an important aspect of the effort to seek support for the hospital project. Having Father Joseph personally present from Tanzania provides special emphasis to the importance of our work.

**REV. DR. JOSEPH ISRAEL, SUPERIOR GEN'L.  
OF THE ALCP/OSS PRIESTS GREETS ROBERT  
LANG, PRESIDENT OF TCHF...**



If you or anyone you know can help arrange to have an appeal at your church or organization please contact Bob Lang (772) 812-0859 or email: [tanzahospital@bellsouth.net](mailto:tanzahospital@bellsouth.net).

May God bless all our supporters!

**ONE OF THE SISTER DOCTORS AT THE CLINIC  
CONSULTS WITH A PATIENT...**



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**TCHF STRIVES TO PROVIDE NECESSARY  
MEDICAL EQUIPMENT...**



**EVEN THE MOST BASIC MEDICAL  
EQUIPMENT IS NEEDED!!!**

TCHF requested a list of needed medical equipment from the Ngarenarobi Health Center; the list of requests included 500 umbilical clamps and an infant scale. Birthing babies is a big part of the clinic activity. Unfortunately, 1 out of 7 of these babies will not see their 5<sup>th</sup> birthday due to lack of basic medical care. Incubators, microscopes, beakers, and staining jars are just a few of the additional needed items. The entire list is posted at [www.tanzaniancardiachospital.org](http://www.tanzaniancardiachospital.org).

As a boy, Father Mark Mlay was carried through the night on his father's back to a clinic after a serious cut to his foot. Upon arrival they were informed there were no sutures to repair the injury. Some things have not changed in 40 years as sutures are still a needed item. A drum dressing is requested for the purpose of sterilizing dressings for reuse. Disposable dressings are not a luxury the people of Tanzania enjoy.

Next year TCHF is organizing a trip to Tanzania, and we hope to be carrying medical supplies for the clinic. We will accept any medical equipment that is in good working order. Pick-up will be arranged and anything donated is tax-deductible according to the standards established by the I.R.S. Anything you can do to help us secure this equipment would be greatly appreciated.



**TANZANIAN TRIBAL CULTURE A KEY PART OF THE COUNTRY'S LIFE...**

Tanzania is home to some of the most incredible tribal diversity in Africa. The country includes all of the major ethnic and linguistic groups on the continent – an amazingly varied population to inhabit a single country.

Home to approximately 120 tribal groups, most of these comprise small communities that are gradually being assimilated into the larger population owing to changes in land use and the economic draw of city life. Tribal diversity is prized and far from being a source of division, Tanzanians place a high value on their country's multicultural heritage.



A MASAII MOTHER AND CHILD WITH TWO MANYATAS IN THE BACKGROUND

The Masai are perhaps the most well known of Tanzania's tribes and inhabit the northern regions of the country. Pastoralists who fiercely guard their culture and traditions, Masai tribal life revolves around protecting and caring for their herds of cattle and finding ample grazing land in their region. The tribes live in circular enclosures called manyatas, where small mud huts surround a secure open circle where their cattle and other herd animals sleep protected during the night.

Because good grazing land fluctuates according to the seasons and yearly rains, Masai settlements are temporary and easily relocated to where grazing and water access is best.



A MASAII BOY TENDS THE CATTLE



FATHER MARK MLAY, ALCP PRIEST, AND A COLU SISTER STAND IN FRONT OF THE CLINIC. **TCHF DEVELOPS RELATIONSHIP WITH CATHOLIC CLINIC...**

Ngarenairobi Health Center is a 35 bed clinic located in Sanya-Juu, a remote area of Tanzania. This Catholic clinic is administered by the Apostolic Life Community of Priests in an attempt to bring desperately needed health care to the people.

The clinic is staffed by the Usambara sisters under the direction of Sister Dr. Ernesta. Sister Ernesta and three additional staff members care for the needs of the people regardless of their ability to pay. On an average day, the 35 beds are full and about 20 people will be seen as outpatients.

Father Urbanus Riziki states the most pressing matters for the clinic are:

1. Lack of funds to buy desperately needed medications and medical equipment.
2. Lack of electricity.
3. Shortage of doctors and nurses.
4. Lack of housing and the inability to pay healthcare workers.
5. Lack of a mortuary.
6. Lack of a vehicle to transport the sickest patients to the referral hospital which is 35 miles away.



While TCHF Inc.'s long-term goal remains the construction of a cardiac hospital, working with the clinic to supply medications and equipment allows us to begin saving lives today. We will continue to support this clinic while we develop our hospital.

**THE HEALTH CARE SYSTEM IN TANZANIA...**

As we approach people about supporting our goal of a Catholic hospital in Tanzania, some questions seem to consistently arise.

*Isn't it a potential waste of money to invest in a third world country which is unstable?*

Actually, the government and society in Tanzania are perhaps the most stable in all of equatorial Africa. That fact and our TCHF association with Catholic communities of priests and sisters who are committed to the project make the chances of success very good.



*Are there not other areas of Africa which have greater need?*

Unfortunately, the entire African continent contains individual countries which can be cited as badly in need of hospitals and other health care facilities. However, Tanzania remains an ideal location to build a hospital because of: a. the previously cited stability of the government; b. the fact that Tanzania is more readily accessible from other African countries; c. its location in east central Africa neighboring the most populous countries of Africa; and d. our association with already existent facilities staffed by priests and sisters with not only the background in health care, but the commitment to work with us on this project.



MIKE D'ANGELO, TCHF TREASURER, FATHER MARK MLAY, SPIRITUAL DIRECTOR, AND CAROL D'ANGELO, SECRETARY, PREPARE TO LOAD MEDICINES TO BE SENT TO TANZANIA...



THE CLINIC, ALTHOUGH SMALL, IS THE ONLY HEALTH ALTERNATIVE IN THE AREA!



SOME OF THE RECIPIENTS OF OUR MEDICINES...  
**“...and He sent them to proclaim the Kingdom of God and to heal the sick.”** Luke 9:2